THIS PLACEMAT WAS PROVIDED BY

CHEYENNE KIOWA LINCOLN EARLY CHILDHOOD COUNCIL

A COLLECTIVE VISION

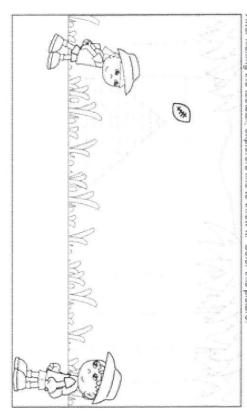
ON BEHALF OF YOUNG CHILDREN AND THEIR FAMILIES.

Facebook

For more information go to www.cklecc.com

Be Active Every Day for at Least 60 minutes and you will be a 'Move-It" Kid

After kicking the tootball, explorers like to throw it. Color this picture

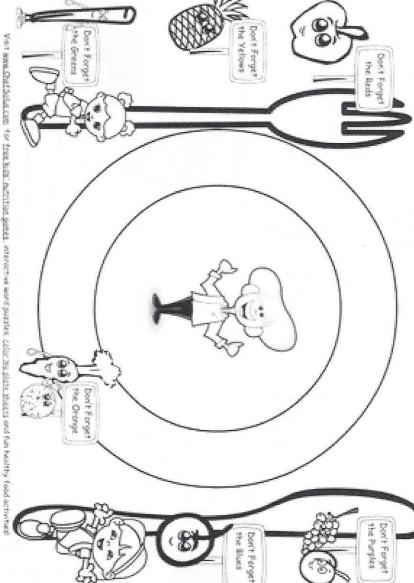


Explorers eat healthy loods so they have energy to be active, play and have lots of fun. Can you find the words hidden in this puzzle?

JUMP NALK NALK MOVE DANCE RS FUZ BICYCLE ACTIVE

Ched Solus Color My Patte Activity Page

Draw and calor your favorite fruits and vegetables and fill this plate with calor



West man Challeshancom for those bods, extention patter, when werd parties, color may shall shadts and fan teatity food activated to seasons. An Higher Reserved

Walk around your home three backwards, and third like times. First fast, second your favorite animal.

Blueberry Banana **Pancakes**

Ingredients

- Blueberries
- 1 Large Egg
- 1 Large Banana

cooking spray. Fill a 1/4 sized on medium heat. Spray with Banana and add egg. Heat a skillet Peel and slice banana. Mash heated skillet. Add blueberries batter. Pour measuring cup onto measuring cup with the pancake

Recipe Makes Three Pancakes

g Protein Carbs, 1.5 g Fiber, 5.7 g Sugar, 2.8 Nutrition Per Pancake: 65Calories, 1.5 g Fat. 208 mg Potassium, 11 g

http://undressedskeleton.tumblr.com/ post/38657925508 Recipe from Taralynn Mcnitt

redimenores FAMILY BACK TO SCHOOL FUN Parades & Football

Limon & Hugo Homecomings - September 21, 2013 Cheyenne Wells Homecoming - October 19, 2013 Karval Homecoming - September 28, 2013 Kit Carson Homecoming - August 30, 2013 Eads Homecoming - September 13, 2013

Count the footballs below:

